

Social Security Agreement

In order to prevent people from paying pension premiums in both employee's home country and Japan, and to enable the periods of coverage made in both countries to be totaled, the Ministry of Health, Labour and Welfare has signed social security agreements with an increasing number of foreign countries. We recommend that you check your own country's pension system to confirm the correct procedure.



The purposes of the agreement

- Bilateral coordination of the systems to be joined to prevent "double premium burden" (prevention of double enrollment)*
- To ensure eligibility for pension benefits, the period of participation in the pension systems of both countries can be aggregated to facilitate meeting the requirements for the period of participation needed to receive pension benefits (aggregation of the period of pension participation).*

Partner countries of the agreements

As of 1 June 2022, the status of social security agreements is as follows. Japan has signed agreements with 22 countries.

Please note that the elimination of dual coverage and the totalization of coverage periods are possible only between Japan and these countries.

Note: Agreements with United Kingdom, Republic of Korea, Italy and China include "elimination of dual coverage" only.

Website: Japan Pension Service

<https://www.nenkin.go.jp/international/agreement/index.html>